**#AllAgesAugust**

**What are you doing in August?**

It’s summer and time for holidays, out of school play, festivals and fetes, sport and arts – and for mixing with people of all ages

It’s a perfect time to bring younger and older people together to have fun and share activities and experiences while tackling loneliness, isolation and ageism.

That’s what #AllAgesAugust is all about.

Share your ideas and plans, your photos and activities by using the hashtag #AllAgesAugust

***IDEAS INCLUDE:***

Picnics and Parties Play Days for all ages

New football season get togethers Creative collaborations and art

Intergenerational conferences and debates Care home visits

Festivals and carnivals from Edinburgh to Notting Hill - and many other smaller events

Celebrating grandparents and grandchildren – and those in between

Getting ready for a new school term and more intergenerational activities

Setting up local activities in your community all year round

In fact, anything from Athletics to Zoos!

**BRINGING BRITAIN TOGETHER #AllAgesAugust**

More ideas and advice at [www.unitedforallages.com](http://www.unitedforallages.com)