**NEWS FROM UNITED FOR ALL AGES – SEPTEMBER 2020**

**MAKE IT AN ‘AUTUMN FOR ALL AGES’**

This autumn let’s bring older and younger people together to reduce loneliness, improve health, care and learning, and tackle ageism.

Britain is crying out for a fresh start as we come out of lockdown, with people of all ages wanting to share activities and experiences together. Social distancing means finding creative ways and locations to support intergenerational interaction and the many benefits it brings.

We are promoting **‘Autumn for All Ages’** from September to November to highlight activities that might take place online or on video, on paper or outdoors – or through one of many other ideas.

Lots of organisations are already making it happen: [The Cares Family](https://www.thecaresfamily.org.uk/home), [The Together Project](https://www.thetogetherproject.co.uk/), [InCommon](https://www.incommonliving.com/), [Friend in Deed](https://www.friendindeed.org.uk/), [Magic Me](https://magicme.co.uk/), [Grandnanny](https://www.grandnanny.co.uk/), [Care Home FaNs Intergenerational Linking Project](http://carehomefans.org/intergenerational-linking/)  are just a few examples. The [National Day of Arts in Care Homes](https://artsincarehomes.org.uk/artsincarehomes2020/) on 24 September will see activities around the country on the theme of ‘creative communities’. Torbay council is planning a series of weekly themed activities for their local schools, nurseries, childminders and care homes this autumn. Wirral council is inviting creatives responses by people of all ages to ‘The Wirral I want to be part of’ challenge.

More ideas for autumn activities for all ages can be found at these sources: [Country Living](https://www.countryliving.com/diy-crafts/g1899/fall-leaf-crafts/), [Activity Village](https://www.activityvillage.co.uk/autumn), [Pinterest](https://www.pinterest.com/mamasmiles/autumn-fall-activities-for-kids/)

Please share what you are doing through social media using #AutumnForAllAges and #AllAgesMatter. More information here: [www.unitedforallages.com/news](http://www.unitedforallages.com/news)

Thank you!

**INTERGENERATIONAL HOUSING NETWORK**

The Intergenerational Housing Network met at the end of July and notes/papers can be found on the United for All Ages website. The meeting focused on two papers setting out how the network can influence the future and make the most of opportunities arising from the coronavirus crisis such as expanding intergenerational shared spaces and housing in emptying high streets and town centres. Creating inclusive intergenerational living and designing for intergenerational interaction will be the subject of future meetings. Please let me know if you want to join this network.

**RESOURCES AND EVENTS**

* **The US Nanny Association’s** online parent and nanny conference from 18-25 September includes a seminar by United for All Ages on the benefits of intergenerational interaction drawing on examples from the UK.Registration [here](https://www.usnanny.org/conference)
* **Creating age-friendly societies – the UK experience** is an online roundtable discussion with a great line-up of speakers organised by What’s next?! on 24 September. Details [here](https://www.eventbrite.ca/e/creating-age-friendly-societies-the-uk-experience-tickets-116963778811)
* **My Family Week – 12-18 October,** celebrating families of all shapes, sizes and ages, led by [Laura Henry](https://www.laurahenryconsultancy.com/my-family-week/), creator of BBC CBeebies’ Jo Jo and Gran Gran
* The [**Connect To Kindness**](https://www.connecttokindness.wales/)campaign originated in Carmarthenshire and has now been developed across the region by the three West Wales counties to incentivise active citizenship through the development of stronger community networks. It is based on an intergenerational approach that fosters and nurtures connections to alleviate loneliness and isolation. The campaign aims to create understanding of the benefits and impact of kindness to ourselves and others in communities.
* **InCommon** has published its [2019-20 impact report](https://www.incommonliving.com/ic-news/2020/8/17/impact-report-201920) evaluating its intergenerational projects. The research by Dr Ali Somers looks at the benefits of the projects and has helped shape their future development. InCommon has also just published a collection of stories written by children and older people during lockdown as part of its Buddies project.
* **STOPageism** – Guild Living has launched [a dynamic campaign](https://www.stopageism.co.uk/) which we and a growing number of other partners are supporting to Stop Ageism and bring older people back into the heart of our communities.
* **Together for Tomorrow** – United for All Ages is pleased to be a partner in ILC-UK’s annual [Future of Ageing](https://ilcuk.org.uk/future-of-ageing-2020-together-for-tomorrow/) conference on 3 December which this year will explore how to deliver a better society for all generations. Leading speakers have been lined up for this virtual event.
* **United for All Ages** is ten years old in December. This tenth year has been the strangest and most challenging year yet, but it also demonstrates why we need to do more to unite young and old. In January we published [Together in the 2020s](https://efeea61d-ae40-4f75-bfce-8a7be79f7237.filesusr.com/ugd/98d289_3f3291f2d4094c2793a3acf8ffaae58c.pdf). The report and its recommendations are just as relevant as we move forward in a reimagined Britain.

Please let me know of any queries. Please see our [website](https://www.unitedforallages.com/) for the latest news and information and join in the discussion on the website’s [forum](https://www.unitedforallages.com/forum).

All the best

Stephen

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